# Superior Room One

**OUR LADY OF CONSOLATION** 

AGED CARE & SERVICES

NURSING HOME

This room is located in Our Lady of Consolation Nursing Home. This is a single room with a private ensuite.

#### Key Features Statement

#### Description of quality, condition and amenity of room

This category of room has an internal courtyard or garden view. It has a private ensuite.

All residents can personalise their rooms with photos, paintings, bed covers and a special chair of an appropriate size.

En-suites include an accessible shower, toilet and vanity with storage and a large wall mirror.

Rooms have specially designed beds allowing the resident to adjust the height and back rest using a remote control.

A variety of pressure relieving mattresses can be supplied according to resident needs.

Every room has a large wardrobe with a combination of hanging space, shelves and storage space, and matching bedside chest of drawers.

We provide 8 Foxtel channels, including sport, movies and entertainment channels.

Free Wi-Fi is provided in all resident rooms to help residents to stay in touch with children, grandchildren and friends who live in Australia or in any other country around the world. We provide free training for residents on how to access the Wi-Fi and use the internet, email and social media.

Web2TV is available in all resident rooms, providing information to residents through their TV. It is also available in common areas.

### Description of quality, condition, size and amenity of accessible common areas

These rooms in St Josephs and St Francis have access to a large beautifully decorated recreation area.

In St Josephs there is a recreation area of 92.5sq metres with panoramic views across to Eastern Creek. There is also a very comfortable sitting area which is 34sq metres.

In St Francis there is a recreation area of 84 sq. metres and a dual purpose dining/sitting area of 112 sq. metres.

Residents also have easy access to our concert hall of 243 sq. metres, which also hosts a range of resident activities other than concerts.

The facility allows residents access to well-maintained internal garden spaces, which include resident vegetable garden areas.

Residents have access to a serenity room, where they can enjoy a range of wellbeing initiatives including aromatherapy. This room is a space designed to help residents achieve a level of relaxation and meditation, and includes massage chairs and aromatherapy oils.

#### Room Size (m2): 17m<sup>2</sup>

This figure excludes ensuite.

We have a beautiful newly renovated hairdressing salon.

Our coffee shop, Café Assisi is open 7 days per week.

In Lounge areas we provide 8 channels of Foxtel at no charge.

There is a beautiful 56 sq. metre private chapel in the facility, which is available to all residents and family members.

There is free Wi-Fi in all common areas.

Residents also have access to a well-resourced creative arts studio.

The Brian Dooley room allows families to cater for special family occasions in a private setting of 55 sq metres including an outside terrace. The room is fully equipped with a sink and tea and coffee making facilities.

We also have a number of internet booths, each with a touch screen computer customised for older people who are less familiar with computer terminals and email. We provide free training for residents on how to use the internet, email and social media.





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## Specific accommodation and design features of the room, and of the facility

The facility is designed so as to give residents easy access to internal garden areas and to not feel enclosed.

The facility is beautifully painted and decorated, with feature walls painted in vibrant warm colours decorated with stunning prints.

All rooms have ease of access for any item in our large range of equipment.

All our facilities are surrounded by beautifully designed gardens which are available to residents and their families. There is a range of different themes in the various gardens on site, and grandchildren have room to play. Families might want to buy a family picnic hamper and enjoy it in our garden settings.



## Description of additional care and services offered at no additional cost

As part of our Model of Wellbeing, we offer a range of services focusing on being active and able, being emotionally healthy, staying connected with friends and interests, and exploring a sense of inner calm and peace. All services are free.

In terms of enablement and healthy exercise programs, our exercise physiology team provides tailored exercise programs to improve residents' fitness levels and freedom of movement. We also have active games.

Al Fresco is our monthly open air restaurant experience, with full a la carte menu and wine or beer. Residents need to book.

Special Meal program: Each month we select 16 residents at random, who can invite a family member or friend to a private lunch with them, to share their all-time favourite meal, cooked by our executive chef and served with beer, wine or soft drink.

Mass is available every day. There is an inter-denominational service once a week, an Anglican service once a fortnight, a Christian Reformed Church service once a month, and a French speaking Catholic priest visits once a month to meet with French speaking residents.

Our Serenity Room program includes tai chi, aromatherapy, meditation and relaxation classes.

We provide 8 channels of Foxtel at no charge.



### Optional additional services and costs associated with the room

Café Assisi opens 7 days a week, providing a modern, sophisticated coffee shop experience for residents and families. We offer a full range of drinks, gourmet sandwiches, wraps and light meals at subsidised prices. Cappuccinos are \$3.00; sandwiches \$3.50 and light meals \$7.00.

Café Assisi provides a meeting space for the family and you can order birthday hampers for \$6 per person which gets you a piece of cake and drink each. Alternatively you can order an attractively presented picnic hamper for \$8 per person. This gets you a gourmet wrap, a drink and a piece of cake each.

We have a beautiful centrally located hairdressing salon, offering individualised services at subsidised prices. Men's cuts are just \$10 and women's cuts are \$16. A shampoo cut and blow dry is just \$28. Perms start from \$57. Our hairdresser can also visit residents in their facility.



### Superior Room One

#### Accommodation Price

This is the maximum accommodation price that a resident could be charged for the room.

The Maximum Refundable Accommodation Deposit (RAD) for this class of room is \$450,000.

The Maximum Daily Accommodation Payment (DAP) for this class of room is \$103.81 per day.

Residents can choose to pay for their accommodation by a refundable deposit, a daily payment, or a combination of both.

A refundable deposit is paid as a lump sum amount. A daily payment accrues daily and is paid periodically, for example monthly. A combination payment includes both a partial lump sum and daily payments.

Example of combination payment of 50% refundable deposit and 50% daily payment

Example RAD %	50%
Example RAD \$	\$225,000
Example DAP %	50%
Example DAP \$	\$51.90 per day

For further information please contact our Resident Liaison Officer Robyn Dickens phone: 02 9832 5412 email: rdickens@oloc.com.au

